



We created BeWell to make it easier for you to choose well. First, our BeWell recipe approach combines the latest in nutrition science and culinary trends to create a crave-worthy, nutritious menu choice. Second, our BeWell wellness approach encourages positive behavior change through our promotions, wellness education programs, and partnerships. Incorporating our StarChef program; an interactive menu program that highlights healthier options and provides the most current nutritional information for daily menus will complement BeWell.



BeWell recipes must meet three out of the following five categories:

Plant-based

Healthy Fat

Lean protein or plant-based protein

Limited added sugar

High fiber or a probiotic food

Our BeWell recipes will always:



Be trans-fat free



Use minimally-processed ingredients



Be mindful of added sodium and portion size



STUDENT EMPLOYMENT

There are many job opportunities available in the Dining Program. We offer a variety of positions and pay competitive wages. Work schedules are flexible enough to accommodate your busy schedule. For more information on student employment, email Kyle Anderson at kyle.Anderson@aladdinfood.com.



CONTACT

Kyle Anderson

Food Service Director
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Julie Vis

Assistant Food Service Director/Catering
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DINING GUIDE

2024-2025



UNIVERSITY OF
SIoux FALLS

DINING SERVICES



WELCOME

Welcome to the dining program at University of Sioux Falls! Whether you are craving a made-to-order sandwich, a salad, or one of our signature house creations, we are sure to have something on the menu you will love. Our rotating specialty concepts offer everything from comfort food to healthy options to global specialties — and everything in between.



HOURS OF OPERATION

SALISBURY DINING HALL

Classic Kitchen, Global Fare, Sauce & Stone, Flame, Local Deli, Greens, Sweet Shop and A-Zone!

MONDAY–FRIDAY

Breakfast	7:30am – 9:30am
Continental Breakfast	9:30am – 10:45am
Lunch	11:00am – 2:00pm
Dinner	5:00pm – 7:30pm
<i>*Friday dinner closes at 7:00pm*</i>	

SATURDAY - SUNDAY

Lunch	10:30am – 12:30pm
Dinner	5:00pm – 6:30pm

COOPER'S CAFÉ

We Proudly Serve Starbucks, Island Oasis, bottled beverages and Tryon Market with pre-made sandwiches, salads, snacks and more!

MONDAY – THURSDAY	7:30am – 8:00pm
FRIDAY	7:30am – 5:00pm
SATURDAY	11:00am-1:30pm
SUNDAY	CLOSED

Hours of operation are subject to change around school holidays and closings.



MEAL PLANS

All first and second year students living on campus must choose the unlimited meal plan or 175 block plan. Meal swipes may be used in our all-you-care-to-eat Salisbury Dining Hall.

UNLIMITED MEAL PLAN

Unlimited meal swipes
+ \$100 Coo Cash

175 BLOCK PLAN

175 Meal Swipes
+\$310 Coo Cash
+15 Guest Meals

100 BLOCK PLAN

100 Meal Swipes
+\$500 Coo Cash

50 BLOCK PLAN

50 Meal Swipes
+\$165 Coo Cash

30 BLOCK PLAN

30 Meal Swipes
+\$90 Coo Cash



Visit our website to view menus, schedule caterings and more!

usiouxfalls.campus-dining.com



SPECIAL DIETARY NEEDS

We take allergies, dietary restrictions and food concerns very seriously. All staff members are required to attend training in preventing an allergic reaction and cross contamination. Should you have any allergies, dietary restrictions or concerns, we encourage you contact Kyle Anderson, food service director to set up a meeting.



COO CASH

Coo Cash is a declining balance (debit) account used exclusively for on-campus dining purchases. Coo Cash is accepted at Salisbury Dining Room and Cooper's Café. Coo Cash carries over from fall to spring semester and expires at the end of spring semester.

To add more Coo Cash, visit the Student Life Office or Student Accounts in the Business Office.

